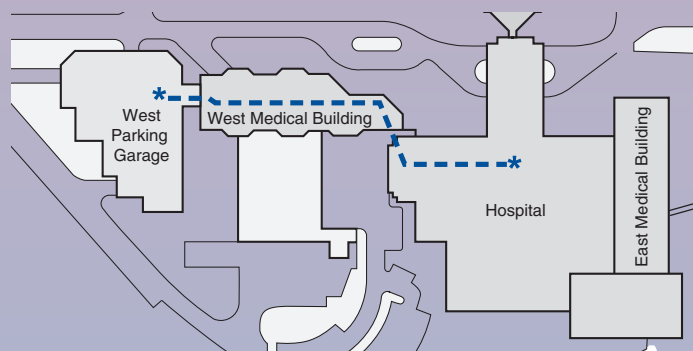


## Parking & Location:

The Women's Surgical Suite is located on the 2nd floor of the hospital. Parking is available in the West Garage. Take the garage elevator to Level C (Red level). When you exit the elevator, you will be on the second level of the West Medical Building. Take the hallway toward the Hospital and Emergency Department signs.

The Women's Surgical Suite is located on your right, across from the Cath Lab, just before the Emergency Room.



Our specialty is you.

232 S. Woods Mill Road  
Chesterfield, MO 63017  
[stlukes-stl.com](http://stlukes-stl.com)

# Women's Surgical Suite



Our specialty is you.

Thank you for choosing St. Luke's Hospital for your upcoming surgery. We will do all that we can to make your experience as comfortable as possible. This brochure will help you understand what to expect and provide helpful information.

## Day of surgery:

Wear comfortable clothing. Make arrangements to have someone wait for you during the procedure and to drive you home.

Arrive one hour prior to your surgery time at the Women's Surgical Suite, located on the second floor of the hospital. Please bring your insurance cards, photo ID and a list of your current medications/past surgeries with you.

Upon arrival, you will go to a private room where you'll have a pre-surgery assessment and sign your surgical consent forms. You'll be asked to pay your co-pay, deductible or co-insurance payment prior to your surgery unless prior arrangements were completed.

Women who are 49-years-old and younger and have not had a tubal ligation will need to provide a urine specimen prior to the surgery.

## Your surgery:

Before your surgery, you will be escorted to the operating room and your visitors will go to the Women's Surgical Suite waiting room where you entered. A nurse will accompany you into the operating room. Anesthesia staff will explain your anesthesia and will closely monitor you during the procedure.

If you have any questions, please ask any of the staff members caring for you.

## After your surgery:

You will return to a private recovery room and your visitors will return once you are awake. Let them know if you have any pain or discomfort, since pain management is an important part of your care. Relieving and controlling pain can help you return more quickly to your daily routine.

We will give you specific instructions for your medication, fluid/food intake and activity. If you have problems or questions after you leave the hospital, please call your surgeon's office.

## Pre-Operative Instructions:

Surgery date: \_\_\_\_\_

Surgery time: \_\_\_\_\_

Arrival time: \_\_\_\_\_

\_\_\_ Do not eat or drink anything after midnight the night prior.

\_\_\_ Clear liquids only may be taken until \_\_\_\_\_ and then nothing after this.

Clear liquids include: water, tea/coffee without cream or milk, clear sodas, clear gelatin, apple juice, cranberry juice, bouillon, sports drinks such as Gatorade. Please note: do not drink juices with any pulp, such as orange juice, tomato and pineapple juice.

\_\_\_ Please take only these medications with a sip of water the morning of your surgery: \_\_\_\_\_

\_\_\_\_\_