

## FREQUENTLY ASKED QUESTIONS

### Juliet Laser for Vaginal Health

Women undergo so many changes throughout their lives. But if changes like childbirth or menopause are keeping you from living life to its fullest, the Juliet laser treatment might be the solution!

#### WHAT IS THE JULIET LASER TREATMENT?

The Juliet treatment is a new, non-surgical in-office procedure that uses laser technology to improve intimate wellness by reducing vaginal dryness or discomfort that can occur around menopause. The Juliet laser also restores tone and flexibility to the vaginal wall and can help reduce dyschromia and remodel the vulvar area.

#### HOW DOES THE JULIET LASER TREAT VAGINAL LAXITY?

Vaginal childbirth and the natural aging process can lead to loss of vaginal sensation and tone. The Juliet laser treatment stimulates the production of collagen right where it's needed, remodeling tissue fibers and restoring flexibility and shape.

#### HOW DOES THE JULIET TREATMENT IMPROVE PAINFUL INTERCOURSE?

The Juliet treatment is a two-step process. The first pass stimulates the production of collagen, strengthening the structure of the tissue. The second pass revitalizes the tissue through gentle heating. Patients report reduced discomfort, and improved vaginal lubrication, tone and flexibility.

#### CAN JULIET IMPROVE THE APPEARANCE OF THE VAGINAL AREA?

The Juliet treatment remodels the labia while reducing skin pigmentation, resulting in improved skin texture and tone.

#### HOW MANY SESSIONS ARE REQUIRED?

Most patients have reported improvement in as little as one treatment; however, three treatments are recommended. Treatments are administered every 4 weeks, and the same protocol is utilized.

#### IS THE TREATMENT PAINFUL?

The treatment is not painful and generally doesn't require anesthesia; however, a mild topical anesthetic may be applied, especially when treating the introitus (vaginal opening) and vulvar vaginal area.

#### WHEN CAN I EXPECT RESULTS?

Improvement can be observed immediately after the first treatment and will continue to improve several months after the last treatment. Three treatments may be needed for optimal results.

#### HOW LONG DOES TREATMENT LAST?

After the final treatment, patients should expect to come back annually for a maintenance treatment.

#### WHAT ARE THE LIMITATION OF THE PROCEDURE POST-TREATMENT?

We recommend you refrain from sexual intercourse, heavy physical exercise and activities such as swimming or sauna for three days after the treatment.

#### IS THE JULIET TREATMENT RIGHT FOR ME?

Juliet is right for any woman seeking a fast, non-surgical and discreet procedure that enhances sexual functioning and provides a better sexual experience. It is for women who want to feel more confident about their feminine health or seek vaginal cosmetic improvement.

### **I HAVE UNDERGONE TREATMENT FOR BREAST CANCER, AM I CANDIDATE?**

Because the Juliet treatment is non-hormonal, it is an ideal option to restore vaginal health in women who have undergone breast cancer treatment. Ask your doctor for further information.

### **HOW MUCH WILL THE PROCEDURE COST?**

Because each woman is unique, we cannot quote a price without a consultation first. Ask us about scheduling an appointment with our Juliet laser professional.